

## 2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023

## Psych Sheet

**Event 1 Boys 200 Yard Medley Relay**

<b>- 5A State: 1:33.00 2/21/2015 Thomas Jefferson</b>		
<b>Thorsell, Doran, Seliskar, Frerichs</b>		
<b>All Time VA: 1:30.91 2/18/2017 Patriot</b>		
<b>Cumberland, Rowe, Cooper, Ross</b>		
<b>National HS: 1:23.20 3/4/2017 Minnetonka, HS, MN</b>		
<b>1:32.90 A All America Auto</b>		
<b>1:34.48 C All America Cons</b>		
<b>1:45.87 S - 5A State</b>		
<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	MGOD	1:34.12 C
2	RVHS	1:37.23 S
3	STFD	1:37.57 S
4	HKRY	1:38.05 S
5	ALBE	1:38.82 S
6	INDE	1:39.09 S
7	DPRN	1:39.53 S
8	DFRE	1:40.25 S
9	GNAL	1:41.01 S
10	BWHS	1:41.15 S
11	MVHS	1:41.65 S
12	RBND	1:41.76 S
13	STBR	1:42.89 S
14	BPHS	1:43.15 S
15	CLHL	1:43.34 S
16	JRTK	1:43.54 S
17	PFHS	1:43.59 S
18	PHRO	1:43.92 S
19	PANN	1:44.31 S
20	FCOL	1:44.68 S
21	MNCH	1:45.05 S
22	MDLO	1:45.82 S
23	FCOX	1:46.13
24	NRHS	1:47.16
25	KCTN	1:49.02
26	MAUR	1:49.28

**Event 2 Girls 200 Yard Medley Relay**

<b>- 5A State: 1:42.81 2/16/2019 Briar Woods High School</b>		
<b>M McConagha, A Harter, K Winklosky, J Wenner</b>		
<b>All Time VA: 1:41.48 2/18/2022 Battlefield HS</b>		
<b>C. Spink, E, Hannam, S. Heilen, J. Cromwell</b>		
<b>National HS: 1:38.13 2/10/2018 Fossil Ridge HS, CO</b>		
<b>1:44.25 A All America Auto</b>		
<b>1:46.16 C All America Cons</b>		
<b>1:56.90 S - 5A State</b>		
<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	INDE	1:47.08 S
2	DFRE	1:48.61 S
3	BWHS	1:49.17 S
4	MGOD	1:49.43 S
5	ALBE	1:49.62 S
6	FCOL	1:49.79 S
7	RVHS	1:49.81 S
8	DPRN	1:49.99 S
9	JRTK	1:53.13 S
10	PFHS	1:53.54 S

11	STFD	1:53.69 S
12	BAYS	1:53.71 S
13	MDLO	1:53.73 S
14	GNAL	1:54.78 S
15	MVHS	1:55.30 S
16	HKRY	1:55.48 S
17	PHRO	1:56.62 S
18	FCOX	1:56.91
19	MNCH	1:58.08
20	NRHS	2:05.13
21	KCTN	2:07.14
22	MAUR	2:13.48

**Event 3 Boys 200 Yard Freestyle**

<b>- 5A State: 1:35.76 2014 Andrew Seliskar</b>			
<b>All Time VA: 1:35.76 2014 Andrew Seliskar</b>			
<b>National HS: 1:32.99 2/23/2019 Carson Foster</b>			
<b>1:38.42 A All America Auto</b>			
<b>1:40.06 C All America Cons</b>			
<b>1:49.33 S - 5A State</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>
1	Mauldin, Ben	SR HKRY	1:38.45 C
2	Quan, Jacob	SR RVHS	1:42.41 S
3	Hudson, Trevor	SR RBND	1:43.33 S
4	Char, Andrew	JR BWHS	1:44.01 S
5	Keenan, Nate	JR FCOL	1:44.14 S
6	Unruh, Jonah	SR STFD	1:44.26 S
7	Easton, Chase	ALBE	1:46.01 S
8	Schardt, Jack	JR DPRN	1:46.21 S
9	Meyer, Peyton	SR MVHS	1:46.33 S
10	Marshall, Connor	ALBE	1:47.70 S
11	Rivas, Matthew	SO MGOD	1:48.30 S
12	Wilkerson, Chase	FR FCOL	1:49.03 S
13	Rodgers, Philip	10 MNCH	1:49.48
14	Winston, Gabriel	GRAN	1:52.44
15	Barakey, Colin	JR HKRY	1:54.88
16	Koepf, Tyler	FR SLVB	2:00.14
17	Ruddock, Evan	SR FCOX	2:00.30
18	Willis, Cameron	FR NRHS	2:05.89
19	Redel, Owen	FR MAUR	2:07.64
20	Omalley, Ryan	FR KCTN	2:13.52

**Event 4 Girls 200 Yard Freestyle**

<b>- 5A State: 1:48.26 2/19/2022 Sophia Knapp</b>			
<b>All Time VA: 1:46.07 2/2/2020 Torri Huske</b>			
<b>National HS: 1:42.81 11/14/2008 Dagny Knutson</b>			
<b>1:48.76 A All America Auto</b>			
<b>1:50.56 C All America Cons</b>			
<b>2:00.90 S - 5A State</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>
1	Bischoff, Allison	SO DFRE	1:50.09 C
2	Duffy, Dara	FR FCOL	1:52.17 S
3	Miklos, Riley	JR DPRN	1:52.50 S
4	Phillips, Courtney	SR MDLO	1:52.94 S
5	Stuhlmacher, Claire	JR DFRE	1:54.25 S
6	Moorman, Riley	SR HKRY	1:56.60 S
7	Armstrong, Kiersten	FR JRTK	1:56.74 S
8	Van Schaften, Riley	SO DPRN	1:56.93 S

## 2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023

## Psych Sheet

## Event 4 ... (Girls 200 Yard Freestyle)

Name	Yr	School	Seed Time
9 Kilty, Caroline	FR	BWHS	1:57.33 S
10 Reid, Keira	JR	MGOD	1:57.49 S
11 Blanco, Karina		DFRE	1:57.81 S
12 Alms, Melissa		ALBE	1:57.82 S
13 Morrow, Katelyn	SO	DFRE	1:57.91 S
14 Berenguer, Elizabeth	SR	FCOL	1:58.00 S
15 Wells, Sara		ALBE	1:58.30 S
16 Rebich, Lizzie	JR	RVHS	1:58.31 S
17 Jessup, Abby	SO	DPRN	1:58.78 S
18 Grabowski, Arielle	SO	STFD	1:59.23 S
19 Fary, Brenna	FR	FCOL	2:00.19 S
20 Jones, Riley	SO	JRTK	2:00.55 S
21 Eberle, Anna	JR	FCOL	2:00.98
22 Verbel, Georgia	FR	MASS	2:05.13
23 Arbuckle, Ella		GRAN	2:07.40
24 Holland, Grace	10	MNCH	2:12.07
25 Giles, Rachel	10	MNCH	2:18.96
26 Pegram, Courtney	SR	MAUR	2:19.88
27 Morrell, Ashley	FR	NRHS	2:22.74

## Event 5 Boys 200 Yard IM

Name	Yr	School	Seed Time
- 5A State: 1:43.01 2/21/2015 Andrew Seliskar			
All Time VA: 1:43.01 2/21/2015 Andrew Seliskar			
National HS: 1:41.39 3/18/2011 David Nolan			
1:49.41 A All America Auto			
1:51.52 C All America Cons			
2:02.68 S - 5A State			
1 Hoban, Owen	JR	BPHS	1:49.89 C
2 Farney, Thomas	JR	DPRN	1:52.06 S
3 Silva, Pablo	JR	MGOD	1:53.82 S
4 Gerloff, Jay	SR	HKRY	1:54.35 S
5 Jacobs, Aidan	SR	MGOD	1:54.35 S
6 Cather, Owen	SO	BWHS	1:56.02 S
7 Lambert, Eric	SO	MGOD	1:56.26 S
8 Ridge, Spencer	SO	MGOD	1:58.26 S
9 Devost, John	SR	INDE	1:58.80 S
10 Weston, Wade	SR	INDE	1:59.13 S
11 Jun, Caleb	FR	DFRE	1:59.72 S
12 Smith, Josh	SO	PHRO	2:00.39 S
13 Kulak, Andrew	SR	DPRN	2:01.03 S
14 Julian, Bryant	JR	MDLO	2:01.29 S
15 Lineberry, Alex	JR	FCOX	2:01.58 S
16 Clippinger, Jack	FR	LCBD	2:02.38 S
17 McNabb, Zachary	FR	HKRY	2:02.54 S
18 Hodges, Josh		ALBE	2:02.68 S
19 McCoy, Colt	SO	FCOL	2:05.78
20 Salpeter, Brody	JR	IRHS	2:08.02
21 Kim, Bernard	10	MNCH	2:12.00
22 Warren, Will	JR	KCTN	2:14.25
23 Stiles, Patrick	SR	MAUR	2:21.15
24 Sol, Henry		GRAN	2:29.69
25 Kinnison, Gabe	JR	MAUR	2:35.81

## Event 6 Girls 200 Yard IM

Name	Yr	School	Seed Time
- 5A State: 1:56.29 2/19/2022 Zoe Dixon			
All Time VA: 1:53.73 2/24/2021 Torri Huske			
National HS: 1:53.73 2/24/2021 Torri Huske			
2:01.46 A All America Auto			
2:03.55 C All America Cons			
2:35.35 S - 5A State			
1 Hotem, Kate	SO	MGOD	2:04.57 S
2 Russell, Katie	SR	JRTK	2:04.77 S
3 Ozment, Alexa	SR	BAYS	2:07.18 S
4 Grishaeva, Maria	JR	BWHS	2:07.28 S
5 Santucci, Elle	SO	RVHS	2:07.41 S
6 Eichberg, Lily	SO	STFD	2:07.70 S
7 Smith, Cameron		ALBE	2:07.72 S
8 Wang, Abigail	SO	GNAL	2:12.86 S
9 Roberts, Addy	JR	FCOL	2:13.27 S
10 Law, Emily	JR	DPRN	2:13.31 S
11 Everhart, Charlotte	JR	FCOL	2:13.47 S
12 Strudgeon, Morgan	SR	DFRE	2:13.67 S
13 Ix, Sara	JR	MDLO	2:13.76 S
14 Armstrong, Lauren	SR	JRTK	2:14.85 S
15 Wilson, Caitlin	9	MNCH	2:18.09 S
16 Jones, Kayleigh	SR	HKRY	2:19.72 S
17 Johnson, Skylar	JR	KCTN	2:19.90 S
18 Crawley, Lillian	SR	FCOL	2:21.23 S
19 Tiberio, Kyleigh	JR	MASS	2:21.93 S
20 Hamby, Ava	SR	NRHS	2:25.03 S
21 Wright, Sarah	SR	WOHS	2:25.20 S
22 Ruck, Emily	SR	KCTN	2:46.16

## Event 7 Boys 50 Yard Freestyle

Name	Yr	School	Seed Time
- 5A State: 20.17 2/21/2020 Trace Wall			
All Time VA: 19.67 2/15/2019 Anthony Grimm			
National HS: 19.20 2/25/2021 Aiden Hayes			
20.49 A All America Auto			
20.87 C All America Cons			
22.78 S - 5A State			
1 Tragle, H T	JR	RVHS	20.89 S
2 Baum, Carter	SO	FCOX	21.13 S
3 Connell, Seamus	SR	MGOD	21.33 S
4 Menz, Mason	SO	INDE	21.51 S
5 Gabriele, Noah	SR	HBRG	21.58 S
6 Couture, Radomyr	SR	PANN	21.79 S
7 Jones, Ian	SR	STFD	21.89 S
8 Cherry, Matt	SO	FCOX	22.00 S
9 Moore, Ryan	FR	MVHS	22.01 S
10 Brooks, Henry	SO	DFRE	22.11 S
11 Cook, Cameron	JR	GNAL	22.11 S
12 Rivas, Matthew	SO	MGOD	22.21 S
13 Kocak, Ethan	JR	INDE	22.25 S
14 Elmore, Lance		ALBE	22.35 S
15 Sawyer, Bradley		ALBE	22.35 S
16 Cook, Cameron	JR	STFD	22.52 S
17 Anderson, Jake	SO	PFHS	22.58 S
18 Gervase, Shaun	SR	TALL	22.61 S

## 2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023

## Psych Sheet

## Event 7 ...(Boys 50 Yard Freestyle)

Name	Yr	School	Seed Time	
19 Temple, Austin	FR	FCOL	22.67	S
20 Freeman, Harper	SO	RVHS	22.70	S
21 Kim, Ethan	JR	INDE	22.71	S
22 Harrison, Gavin	SO	STBR	22.77	S
23 Dorris, Alexander	SR	TALL	22.79	
24 Thornton, Christian	SO	DPRN	22.84	
25 Bupp, Tate	SO	CLHL	22.95	
26 Tiller, Grant	JR	CLHL	22.98	
27 Ward, Forrest	FR	NRHS	23.44	
28 Holland, Brendan	JR	MAUR	23.59	
29 Grantham, Justin	JR	KCTN	23.60	
30 Simpson, Alexander	SR	WOHS	23.82	
31 Hallberg, Alexander	SO	MAUR	24.32	

## Event 8 Girls 50 Yard Freestyle

- 5A State:	22.57	2/19/2022	Tatum Wall
All Time VA:	21.65	2/24/2021	Torri Huske
National HS:	21.64	5/16/2016	Abbey Weitzel
	23.17		A All America Auto
	23.53		C All America Cons
	25.41		S - 5A State

Name	Yr	School	Seed Time	
1 Duffy, Kayleigh	JR	FCOL	23.87	S
2 Sleman, Molly	SO	DFRE	24.31	S
3 Hayward, Audrey	FR	BWHS	24.43	S
4 Perezous, Micaela	SO	PFHS	24.44	S
5 Belden, Grace	JR	DPRN	24.68	S
6 Davies, Megan	SR	INDE	24.80	S
7 Bever, Brady	JR	DPRN	24.86	S
8 Marchione, Maris	FR	FCOL	24.90	S
9 Mckinney, Ava	SO	MGOD	24.95	S
10 Antognoli, Soleil	SO	PFHS	25.06	S
11 Seidel, Emma	SR	PHRO	25.07	S
12 Hoover, Davia	JR	MVHS	25.23	S
13 Bates, Carly	JR	PANN	25.26	S
14 Berenguer, Elizabeth	SR	FCOL	25.28	S
15 Gorby, Tessa	SO	HBRG	25.29	S
16 DaCruz, Sophia	SR	FCOX	25.30	S
17 Johnson, Lindsey	SR	JRTK	25.39	S
18 Huang, Anna	SO	PANN	25.41	S
19 Eakes, Savannah	SR	MGOD	25.50	
20 Wolfe, Madison	10	MNCH	25.53	
21 Deane, Kacey	SR	MAUR	26.86	
22 Ferguson, Brooke	10	MNCH	27.11	
23 Grabinski, Kayla	FR	NRHS	27.13	
24 Rice, Carson		GRAN	27.44	

## Event 9 Boys 1 mtr Diving

- 5A State:	559.55	2/18/2016	Ian Shelton
All Time VA:	607.60	2016	Grayson Campbell
	229.96		S - 5A State

Name	Yr	School	Seed Time
1 Shinn, Jacob	FR	HKRY	286.25
2 Green, Brayden	JR	KCTN	281.75
3 Weber, Kyle		ALBE	265.50
4 Santiago, Nathan		ALBE	256.40

5 Monteith, Gavin	12	MNCH	253.35
6 McCauley, Jose	9	MNCH	248.75
7 Lavender, Jay		SO MDLO	239.00
8 Brady, Phillip		SO PANN	224.05
9 Lively, Hunter		FR KCTN	204.40

## Event 10 Girls 1 mtr Diving

- 5A State:	456.25	2/21/2015	Haley Fisher
All Time VA:	497.00	2/10/2023	Amanda Stalfort
	238.40		S - 5A State

Name	Yr	School	Seed Time
1 Worman, Peyton	SO	HKRY	440.50
2 Stilley, Meredith		ALBE	411.10
3 Laine, Ainsley	SR	MDLO	405.55
4 Vinzant, Tara		ALBE	344.30
5 Freitas, Rio		ALBE	271.85
6 Morel, Mathilde	FR	PANN	261.00
7 Mauldin, Izzie	FR	HKRY	257.05
8 Olwin, Leslie	FR	TALL	241.65
9 Runge, Madison	JR	KCTN	241.05
10 Collins, Jill	FR	FCOL	218.80

## Event 11 Boys 100 Yard Butterfly

- 5A State:	46.13	2/21/2015	Andrew Seliskar
All Time VA:	46.13	2/21/2015	Andrew Seliskar
National HS:	45.47	2/25/2021	Aiden Hayes
	48.72		A All America Auto
	49.77		C All America Cons
	54.86		S - 5A State

Name	Yr	School	Seed Time
1 Jacobs, Aidan	SR	MGOD	50.02 S
2 Couture, Radomyr	SR	PANN	50.71 S
3 Keenan, Nate	JR	FCOL	51.77 S
4 Rodgers, Ian	12	MNCH	51.91 S
5 Campbell, Spencer	SO	CLHL	52.25 S
6 McOsker, Ryan	JR	STFD	52.86 S
7 Julian, Brady	FR	MDLO	52.89 S
8 Koester, Griffin	JR	WHST	53.53 S
9 Strudgeon, George	JR	GNAL	53.72 S
10 Hendershot, Carter	JR	PFHS	54.17 S
11 Kulak, Andrew	SR	DPRN	54.51 S
12 King, Michael	JR	DFRE	54.59 S
13 Ferguson, George	JR	DFRE	54.73 S
14 Fiore, Andrew	SR	MVHS	54.81 S
15 Elmore, Lance		ALBE	55.45
16 Krause, Peter	SR	FCOX	56.74
17 Rohlf, Noah	11	MNCH	57.74
18 May, Devlin	SR	SLVB	57.86
19 Ternes, Mason	JR	NRHS	1:02.44
20 Parker, Riley	FR	NRHS	1:02.47
21 Barad, Riley	11	MNCH	1:09.23

## 2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023

## Psych Sheet

**Event 12 Girls 100 Yard Butterfly****- 5A State:** 52.68 2/21/2020 Abby Harter**All Time VA:** 49.95 2/25/2021 Torri Huske**National HS:** 49.95 2/25/2021 Torri Huske

54.39 A All America Auto

55.48 C All America Cons

1:00.80 S - 5A State

Name	Yr	School	Seed Time
1 Davis, Grey		ALBE	56.30 S
2 Strudgeon, Morgan	SR	DFRE	57.44 S
3 Boyle, Kylie	SR	INDE	57.70 S
4 Zerkle, Alden	SR	INDE	58.17 S
5 Klotz, Anna	SO	STBR	58.39 S
6 Law, Emily	JR	DPRN	58.44 S
7 Santucci, Elle	SO	RVHS	58.69 S
8 Kang, Sarah	SO	DFRE	58.96 S
9 Van Schaften, Josie	SO	DPRN	59.00 S
10 Marchione, Maris	FR	FCOL	59.42 S
11 Ix, Sara	JR	MDLO	59.72 S
12 Hoover, Davia	JR	MVHS	59.86 S
13 Wenert, Olivia	FR	DPRN	1:00.17 S
14 Moorman, Riley	SR	HKRY	1:00.25 S
15 Gupton, Mackenzie	SR	BWHS	1:00.32 S
16 Johnson, Skylar	JR	KCTN	1:00.67 S
17 Armstrong, Lauren	SR	JRTK	1:00.68 S
18 Miyashita, Elizabeth	SO	GNAL	1:00.75 S
19 Wright, Maggie	FR	FCOL	1:01.09
20 Everhart, Norah	FR	FCOL	1:01.29
21 Everhart, Charlotte	JR	FCOL	1:01.70
22 Donaldson, Madeline	11	MNCH	1:03.80
23 Phillips, Ava	SO	NRHS	1:05.07
24 Gilbert, Brylynn	12	MNCH	1:06.91
25 Hamby, Ava	SR	NRHS	1:08.29

**Event 13 Boys 100 Yard Freestyle****- 5A State:** 44.34 2/21/2020 Trace Wall**All Time VA:** 44.24 2/17/2017 Tommy Hallock**National HS:** 42.34 3/19/2011 David Nolan

44.86 A All America Auto

45.67 C All America Cons

50.16 S - 5A State

Name	Yr	School	Seed Time
1 Tragle, H T	JR	RVHS	45.29 C
2 Menz, Mason	SO	INDE	47.02 S
3 Connell, Seamus	SR	MGOD	47.54 S
4 Gabriele, Noah	SR	HBRG	47.63 S
5 Cook, Cameron	JR	GNAL	47.68 S
6 Bohlman, Craig	SR	JRTK	47.74 S
7 Baum, Carter	SO	FCOX	47.77 S
8 Neuhaus, Harrison	JR	MGOD	47.87 S
9 Hudson, Trevor	SR	RBND	47.99 S
10 Jones, Ian	SR	STFD	48.00 S
11 Pearcy, Mark	SR	RBND	48.17 S
12 Brooks, Henry	SO	DFRE	48.77 S
13 Moore, Ryan	FR	MVHS	48.90 S
14 Easton, Chase		ALBE	49.14 S
15 Dorris, Alexander	SR	TALL	49.33 S

16 Thornton, Christian	SO	DPRN	49.33 S
17 Kobzar, Nikita	JR	MAUR	49.39 S
18 Jastrzembki, Ryan	JR	INDE	49.46 S
19 Martin, Luke	SO	STFD	49.48 S
20 Kratowicz, Michael	SR	MVHS	49.63 S
21 Kocak, Ethan	JR	INDE	49.64 S
22 Miller, Gavin	SR	KCTN	49.68 S
23 Kuriger, Nicholas	SO	DFRE	49.86 S
24 Bupp, Tate	SO	CLHL	49.99 S
25 Temple, Austin	FR	FCOL	50.08 S
26 Temple, Brandon	SR	FCOL	50.11 S
27 Randall, Drew	SR	BWHS	50.15 S
28 Stufflebeem, Scott	JR	PANN	51.84
29 Parker, Aiden	SO	FCOL	51.88
30 Holland, Brendan	JR	MAUR	52.99
31 Simpson, Alexander	SR	WOHS	53.11
32 Venable, Sam	JR	NRHS	53.35

**Event 14 Girls 100 Yard Freestyle****- 5A State:** 49.51 2/19/2022 Tatum Wall**All Time VA:** 48.04 2/24/2021 Torri Huske**National HS:** 47.09 5/16/2015 Abbey Weitzel

50.17 A All America Auto

51.00 C All America Cons

55.43 S - 5A State

Name	Yr	School	Seed Time
1 Bischoff, Allison	SO	DFRE	51.72 S
2 Sessions, Kylee	SR	RVHS	51.89 S
3 Duffy, Kayleigh	JR	FCOL	51.92 S
4 Kilty, Caroline	FR	BWHS	52.92 S
5 Mckinney, Ava	SO	MGOD	52.96 S
6 Sleman, Molly	SO	DFRE	53.23 S
7 Teague, Sara	SO	FCOL	53.78 S
8 Gorby, Tessa	SO	HBRG	53.79 S
9 Jessup, Abby	SO	DPRN	53.88 S
10 Seidel, Emma	SR	PHRO	54.17 S
11 Belden, Grace	JR	DPRN	54.30 S
12 Perezous, Micaela	SO	PFHS	54.34 S
13 Hayward, Audrey	FR	BWHS	54.41 S
14 Schmidt, Meghan	JR	JRTK	54.61 S
15 Bever, Brady	JR	DPRN	54.65 S
16 Barron, Ella	FR	DFRE	54.75 S
17 Hinton, Carter	SO	CLHL	55.24 S
18 Schwartz, Cameron	SO	JRTK	55.26 S
19 David, Nora	FR	MVHS	55.28 S
20 Macchi, Lana	SO	FCOL	55.36 S
21 Whiteman, Sydney	FR	FCOL	55.52
22 DaCruz, Sophia	SR	FCOX	56.47
23 Ferguson, Brooke	10	MNCH	58.47
24 Rice, Carson		GRAN	1:00.38
25 Brutus, Gianna	FR	NRHS	1:01.39
26 Giles, Rachel	10	MNCH	1:01.66
27 Guerra, Jacie	JR	NRHS	1:02.30

## 2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023

## Psych Sheet

**Event 15 Boys 500 Yard Freestyle****- 5A State:** 4:22.99 2/22/2020 Sam Oliver**All Time VA:** 4:22.99 2/22/2020 Sam Oliver**National HS:** 4:14.68 2/29/2020 Jake Mitchell**4:28.76 A All America Auto****4:33.05 C All America Cons****5:01.15 S - 5A State**

Name	Yr	School	Seed Time
1 Mauldin, Ben	SR	HKRY	4:26.28 A
2 Szobota, Nathan	SO	DFRE	4:28.60 A
3 King, David		ALBE	4:31.10 C
4 Quan, Jacob	SR	RVHS	4:39.69 S
5 Devost, John	SR	INDE	4:41.26 S
6 Bohlman, Craig	SR	JRTK	4:42.28 S
7 Schardt, Jack	JR	DPRN	4:44.81 S
8 Char, Andrew	JR	BWHS	4:46.55 S
9 Julian, Brady	FR	MDLO	4:47.21 S
10 Strudgeon, George	JR	GNAL	4:47.64 S
11 Unruh, Jonah	SR	STFD	4:47.69 S
12 McNabb, Zachary	FR	HKRY	4:48.47 S
13 Meyer, Peyton	SR	MVHS	4:49.50 S
14 Marshall, Connor		ALBE	4:50.55 S
15 Williams, Carson	FR	GNAL	4:51.13 S
16 Potter, Grady	SR	MDLO	4:55.59 S
17 Barakey, Colin	JR	HKRY	4:56.20 S
18 Smith, Josh	SO	PHRO	4:56.21 S
19 Rodgers, Philip	10	MNCH	4:56.67 S
20 Fisher, Adam	JR	MGOD	4:57.78 S
21 Winston, Gabriel		GRAN	4:59.26 S
22 Bruley, Nathan	JR	STBR	4:59.54 S
23 Jordan, Patrick	JR	BWHS	5:00.11 S
24 Webster, Andrew	JR	CLHL	5:00.90 S
25 Vinarov, Evan	SO	HKRY	5:03.79
26 Krause, Peter	SR	FCOX	5:07.06
27 Tran, Patrick	JR	PANN	5:17.76
28 Petery, Jacob	SO	KCTN	6:00.19
29 Kuehl, Harrison	SR	MAUR	6:01.79
30 Jones, Will	SR	NRHS	6:01.87

**Event 16 Girls 500 Yard Freestyle****- 5A State:** 4:44.15 2/21/2020 Samantha Tadder**All Time VA:** 4:43.43 2/20/2015 Megan E Byrnes**National HS:** 4:34.78 11/14/2008 Dagny Knutson**4:52.54 A All America Auto****4:57.06 C All America Cons****5:28.29 S - 5A State**

Name	Yr	School	Seed Time
1 Stuhlmacher, Claire	JR	DFRE	4:55.64 C
2 Phillips, Courtney	SR	MDLO	4:58.44 S
3 Miklos, Riley	JR	DPRN	4:59.63 S
4 Duffy, Dara	FR	FCOL	5:05.05 S
5 Armstrong, Kiersten	FR	JRTK	5:06.01 S
6 Van Schaften, Riley	SO	DPRN	5:07.79 S
7 Reid, Keira	JR	MGOD	5:08.75 S
8 Wenert, Olivia	FR	DPRN	5:08.78 S
9 Morrow, Katelyn	SO	DFRE	5:09.15 S
10 Roberts, Addy	JR	FCOL	5:11.01 S

11 Wells, Sara		ALBE	5:14.89 S
12 Jones, Riley	SO	JRTK	5:14.95 S
13 Eberle, Anna	JR	FCOL	5:15.38 S
14 Fary, Brenna	FR	FCOL	5:19.65 S
15 Rebich, Lizzie	JR	RVHS	5:20.70 S
16 Alms, Melissa		ALBE	5:20.89 S
17 Connor, Julia	SO	DFRE	5:20.89 S
18 Verbel, Georgia	FR	MASS	5:23.81 S
19 Bober, Ella	FR	WHST	5:25.40 S
20 Czirjak, Sara		ALBE	5:25.78 S
21 Eichberg, Lily	SO	STFD	5:27.33 S
22 Ng, Sophia	FR	MGOD	5:27.87 S
23 Fomuso, Gina	JR	HKRY	5:33.45
24 Arbuckle, Ella		GRAN	5:37.94
25 Gilbert, Brylynn	12	MNCH	5:51.99
26 Holland, Grace	10	MNCH	5:54.91
27 Hamby, Claire	SO	NRHS	6:14.84
28 Morrell, Ashley	FR	NRHS	6:23.77

**Event 17 Boys 200 Yard Freestyle Relay****- 5A State:** 1:25.30 2014

Thomas Jefferson

Seliskar, Li, Sison, Oakley

**All Time VA:** 1:22.89 2/7/2015

Oakton High School

T Hallock, M Pettinichi, M Ambrose, J Shebat

**National HS:** 1:19.60 3/15/2018

N. Allegheny HS, PA

**1:24.50 A All America Auto****1:25.77 C All America Cons****1:33.74 S - 5A State**

Team	Relay	Seed Time
1 STFD		1:27.12 S
2 ALBE		1:29.00 S
3 INDE		1:29.76 S
4 FCOX		1:29.88 S
5 MGOD		1:30.07 S
6 DFRE		1:30.72 S
7 HKRY		1:31.48 S
8 FCOL		1:31.67 S
9 GNAL		1:32.06 S
10 RVHS		1:32.41 S
11 NSHS		1:32.51 S
12 BWHS		1:32.66 S
13 MVHS		1:32.86 S
14 STBR		1:32.91 S
15 PFHS		1:33.22 S
16 CLHL		1:33.28 S
17 MNCH		1:33.98
18 NRHS		1:36.29
19 MAUR		1:36.74
20 DPRN		1:37.60
21 GRAN		1:38.93
22 PANN		1:39.43

## 2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023

## Psych Sheet

**Event 18 Girls 200 Yard Freestyle Relay**

- 5A State: 1:34.33 2/16/2019 Briar Woods High School

J Wenner, M McConagha, M Cunnane, A Harter

All Time VA: 1:34.17 2/15/2019 First Colonial

Godfrey, Caldwell, Mckendry, Tadder

National HS: 1:30.72 2/14/2015 Carmel HS, IN

1:35.33 A All America Auto

1:36.73 C All America Cons

1:45.33 S - 5A State

Team	Relay	Seed Time
1	FCOL	1:37.54 S
2	DFRE	1:39.85 S
3	DPRN	1:40.59 S
4	ALBE	1:41.23 S
5	INDE	1:41.24 S
6	MDLO	1:41.70 S
7	JRTK	1:43.37 S
8	STFD	1:43.39 S
9	MVHS	1:43.44 S
10	PFHS	1:43.54 S
11	BWHS	1:43.58 S
12	GNAL	1:43.76 S
13	CLHL	1:44.16 S
14	RVHS	1:44.87 S
15	BAYS	1:44.90 S
16	FCOX	1:45.00 S
17	MGOD	1:45.28 S
18	STBR	1:45.28 S
19	MNCH	1:46.12
20	HKRY	1:47.16
21	PANN	1:49.28
22	NRHS	1:52.32
23	GRAN	1:53.65
24	MAUR	1:55.12

**Event 19 Boys 100 Yard Backstroke**

- 5A State: 48.04 2/16/2018 Noah Bowers

All Time VA: 46.63 2/1/2019 Anthony Grimm

National HS: 45.49 3/19/2011 David Nolan

49.09 A All America Auto

50.24 C All America Cons

57.09 S - 5A State

Name	Yr School	Seed Time
1	King, David	ALBE 49.05 A
2	Farney, Thomas	JR DPRN 50.07 C
3	Hoban, Owen	JR BPHS 51.18 S
4	Cather, Owen	SO BWHS 51.26 S
5	Lambert, Eric	SO MGOD 52.39 S
6	Rodgers, Ian	12 MNCH 52.67 S
7	Neuhaus, Harrison	JR MGOD 52.67 S
8	Szobota, Nathan	SO DFRE 52.96 S
9	Koepf, Tyler	FR SLVB 52.99 S
10	Wilkerson, Chase	FR FCOL 53.65 S
11	Lineberry, Alex	JR FCOX 53.80 S
12	Lifsey, Judson	JR GNAL 54.15 S
13	McOsker, Ryan	JR STFD 54.17 S
14	Cook, Cameron	JR STFD 54.38 S

15	Williams, Carson	FR GNAL 54.71 S
16	Bruley, Nathan	JR STBR 54.83 S
17	Steadman, Spencer	FR JRTK 55.09 S
18	Koester, Griffin	JR WHST 56.01 S
19	Rounds, Ryan	SR BWHS 56.07 S
20	Kurz, William	SR DFRE 56.10 S
21	Freeman, Harper	SO RVHS 56.29 S
22	Kobzar, Nikita	JR MAUR 56.49 S
23	Martin, Leif	SO DFRE 56.52 S
24	Fisher, Adam	JR MGOD 56.80 S
25	Harrison, Gavin	SO STBR 56.80 S
26	McCarthy, Connor	SO MDLO 56.99 S
27	Saravanan, Surya	SO BWHS 57.01 S
28	Kalka, Thomas	FR PFHS 57.05 S
29	Miller, Gavin	SR KCTN 57.38
30	Parker, Riley	FR NRHS 58.46
31	Rumble, Harley	SR FCOX 58.67
32	Scully, Grayson	SO KEMP 59.35
33	Rohlf, Noah	11 MNCH 59.77

**Event 20 Girls 100 Yard Backstroke**

- 5A State: 53.21 2/23/2021 Mackenzie McConagha

All Time VA: 52.27 2/16/2013 Janet Hu

National HS: 51.43 11/17/2012 Olivia Smoliga

54.75 A All America Auto

55.83 C All America Cons

1:01.01 S - 5A State

Name	Yr School	Seed Time
1	Ozment, Alexa	SR BAYS 55.48 C
2	Davis, Grey	ALBE 55.66 C
3	Hotem, Kate	SO MGOD 56.13 S
4	Crum, Josie	JR MDLO 57.78 S
5	Boyle, Kylie	SR INDE 57.93 S
6	Zerkle, Alden	SR INDE 58.09 S
7	Klotz, Anna	SO STBR 58.15 S
8	Blanco, Karina	DFRE 58.47 S
9	Van Schaften, Josie	SO DPRN 59.17 S
10	Gupton, Mackenzie	SR BWHS 59.70 S
11	Mierenfeld, Ellie	FR MDLO 59.94 S
12	Kang, Sarah	SO DFRE 1:00.53 S
13	Wright, Maggie	FR FCOL 1:00.67 S
14	Schwartz, Cameron	SO JRTK 1:00.84 S
15	Crawley, Lillian	SR FCOL 1:05.16
16	Phillips, Ava	SO NRHS 1:05.25
17	Thames, Aubrey	JR HKRY 1:06.22
18	McMath, Emma	SR FCOL 1:06.91
19	Grabinski, Kayla	FR NRHS 1:07.59
20	Donaldson, Madeline	11 MNCH 1:08.18
21	Stenberg, Eleanor	12 MNCH 1:10.07
22	Woollett, Jessie	GRAN 1:15.73

## 2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023

## Psych Sheet

**Event 21 Boys 100 Yard Breaststroke**

- 5A State: 53.90 2014 Andrew Seliskar  
 All Time VA: 53.84 2/24/2021 Anthony Grimm  
 National HS: 51.62 2/16/2018 Max McHugh  
 55.65 A All America Auto  
 56.83 C All America Cons  
 1:03.29 S - 5A State

Name	Yr	School	Seed Time
1 Gerloff, Jay	SR	HKRY	57.23 S
2 Silva, Pablo	JR	MGOD	57.80 S
3 Ridge, Spencer	SO	MGOD	58.51 S
4 Jastrzembski, Ryan	JR	INDE	58.52 S
5 Weston, Wade	SR	INDE	59.91 S
6 Hodges, Josh		ALBE	1:00.18 S
7 Pearcy, Mark	SR	RBND	1:00.24 S
8 Iglesias, Matthew	SR	RVHS	1:00.30 S
9 Clippinger, Jack	FR	LCBD	1:00.42 S
10 Fiore, Andrew	SR	MVHS	1:01.28 S
11 Kresin, Nikita	SO	RVHS	1:02.09 S
12 Sawyer, Bradley		ALBE	1:02.45 S
13 Harrell, Lincoln	FR	MGOD	1:02.46 S
14 Collier, Andrew	SR	INDE	1:02.48 S
15 Jun, Caleb	FR	DFRE	1:02.83 S
16 Rowley, Jake	FR	INDE	1:02.87 S
17 Tran, Patrick	JR	PANN	1:02.95 S
18 Fulayter, Brandon	SO	MASS	1:02.97 S
19 Julian, Bryant	JR	MDLO	1:03.01 S
20 Hutchison, Mejd	SO	STBR	1:03.03 S
21 Hubbard, Zack	SR	NSHS	1:03.05 S
22 Salpeter, Brody	JR	IRHS	1:04.31
23 Gervase, Shaun	SR	TALL	1:04.78
24 Ward, Forrest	FR	NRHS	1:05.03
25 Grantham, Justin	JR	KCTN	1:05.51
26 McCoy, Colt	SO	FCOL	1:05.62
27 Monteith, Gavin	12	MNCH	1:08.76
28 Redel, Owen	FR	MAUR	1:09.13
29 Kim, Bernard	10	MNCH	1:09.42

**Event 22 Girls 100 Yard Breaststroke**

- 5A State: 1:00.53 2/23/2021 Samantha Tadder  
 All Time VA: 59.65 1/26/2019 Anna Keating  
 National HS: 58.35 2/22/2020 Kaitlyn Dobler  
 1:02.58 A All America Auto  
 1:03.75 C All America Cons  
 1:10.65 S - 5A State

Name	Yr	School	Seed Time
1 Sessions, Kylee	SR	RVHS	1:03.49 C
2 Wysocki, Nina	FR	INDE	1:04.83 S
3 Russell, Katie	SR	JRTK	1:06.05 S
4 Grishaeva, Maria	JR	BWHS	1:06.44 S
5 Czirjak, Eve		ALBE	1:06.55 S
6 Smith, Cameron		ALBE	1:06.84 S
7 Czirjak, Sara		ALBE	1:07.35 S
8 Smith, Lauren	JR	RBND	1:07.60 S
9 Rodriguez, Cristina	SO	JRTK	1:09.01 S
10 Rodriguez, Gabriela	SR	JRTK	1:09.42 S
11 Teague, Sara	SO	FCOL	1:09.61 S

12 McMahan, Claire	SO	PFHS	1:09.78 S
13 Chen, Sara	SO	INDE	1:09.87 S
14 Wang, Abigail	SO	GNAL	1:10.09 S
15 Jones, Kayleigh	SR	HKRY	1:10.21 S
16 Macchi, Lana	SO	FCOL	1:10.57 S
17 Clemens, Gabriella	SO	GNAL	1:10.69
18 Whiteman, Sydney	FR	FCOL	1:11.77
19 Everhart, Norah	FR	FCOL	1:12.21
20 Wilson, Caitlin	9	MNCH	1:12.54
21 Wolfe, Madison	10	MNCH	1:12.91
22 Wright, Sarah	SR	WOHS	1:15.07
23 Ruck, Emily	SR	KCTN	1:19.58
24 Brutus, Gianna	FR	NRHS	1:22.62

**Event 23 Boys 400 Yard Freestyle Relay**

- 5A State: 3:04.34 2/21/2015 Thomas Jefferson  
 Pollock, Thorsell, Sison, Seliskar  
 All Time VA: 3:04.34 2/21/2015 Thomas Jefferson  
 Pollock, Thorsell, Sison, Seliskar  
 National HS: 2:53.81 3/15/2018 N. Allegheny HS, PA  
 3:05.78 A All America Auto  
 3:08.49 C All America Cons  
 3:30.09 S - 5A State

Team	Relay	Seed Time
1 ALBE		3:12.33 S
2 RVHS		3:12.82 S
3 DFRE		3:15.39 S
4 MGOD		3:15.40 S
5 FCOL		3:16.18 S
6 BWHS		3:17.30 S
7 HKRY		3:17.99 S
8 GNAL		3:18.55 S
9 INDE		3:19.23 S
10 DPRN		3:19.34 S
11 CLHL		3:23.11 S
12 MVHS		3:23.12 S
13 FCOX		3:23.17 S
14 STBR		3:24.65 S
15 STFD		3:26.40 S
16 JRTK		3:27.41 S
17 RBND		3:27.47 S
18 PHRO		3:27.66 S
19 BPHS		3:28.19 S
20 NRHS		3:37.52
21 KCTN		3:38.59
22 PANN		3:41.60
23 MAUR		3:42.96
24 WOHS		3:49.98

## 2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023

## Psych Sheet

**Event 24 Girls 400 Yard Freestyle Relay**

- 5A State: 3:25.98 2/18/2017 Patrick Henry High School

C Kulp, S Stanley, B Knisely, W Hamilton

All Time VA: 3:25.66 2/15/2019 First Colonial

Tillet, Caldwell, Godfrey, Tadder

National HS: 3:15.38 2/14/2015 Carmel HS, IN

3:27.49 A All America Auto

3:30.90 C All America Cons

3:52.86 S - 5A State

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	FCOL		3:32.00 S
2	DFRE		3:32.72 S
3	MGOD		3:38.13 S
4	DPRN		3:38.45 S
5	BWHS		3:39.43 S
6	RVHS		3:39.56 S
7	INDE		3:40.27 S
8	ALBE		3:42.62 S
9	MDLO		3:43.57 S
10	JRTK		3:44.13 S
11	MVHS		3:46.80 S
12	GNAL		3:48.70 S
13	CLHL		3:49.07 S
14	HKRY		3:51.74 S
15	PFHS		3:52.53 S
16	PANN		3:53.39
17	FCOX		3:53.63
18	MNCH		4:11.03
19	NRHS		4:11.89
20	MAUR		4:45.03
21	KCTN		5:00.78